



International District/Chinatown Community Center

719 Eighth Avenue South 🍷 Seattle, WA 98104 🍷 206-233-0042

Fax 206-233-5036 🍷 TDD 206-233-7061



🍷 *FALL 2006* 🍷



REGISTER ONLINE - it's easy!

www.seattle.gov/parks



SPARC

International District/Chinatown Community Center

719 Eighth Avenue S

Seattle, WA 98104

Phone: 206-233-0042 Fax: 206-233-5036

TDD only: 206-223-7061

Visit us online at www.seattle.gov/parks!

Hours of Operation

Monday, Wednesday, & Friday	11 a.m. to 9 p.m.
Tuesday & Thursday	1 to 9 p.m.
Saturday (until May 26, 2007)	10 a.m. to 5 p.m.
Sunday	Closed

Program registration

Begins Monday, August 14, 2006. Winter 2007 basketball registration begins October 7, 2006.

Program dates

September 4 – December 31, 2006. Classes begin the week of September 18, 2006 unless otherwise specified.

Holiday closures

Monday, September 4, Labor Day

Friday, November 10, Veterans' Day Observed

Thursday, November 23, and Friday, November 24,
Thanksgiving Holiday

Monday, December 25, Christmas Day

Monday, January 1, New Year's Day

Maintenance Closure

Facility closed November 18 – 25 for maintenance.

The Pro Parks Levy is Making a Difference in Your Community

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more.

We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working hard to maintain our valuable landscapes, trees, and other natural assets. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!



Pro Parks Levy

SPARC is here!

Easier registration online for most community center classes! Try it out today at <http://egov1.seattle.gov/parks>

Download our brochure

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. Visit our web site at www.seattle.gov/parks/Centers/IDChinatown.htm to download a copy of our brochure in Adobe® pdf format.

Management Staff

Ken Bounds, Superintendent

B. J. Brooks, Deputy Superintendent

Christopher Williams, Parks & Recreation
Operations Director

Robert Stowers, Central Recreation Manager

Professional Staff

Allen Chinn, Recreation Center Coordinator

Mary Pat Byington, Asst. Rec. Center Coordinator

Jeannie Shek, Recreation Leader

Dung Dinh, Recreation Attendant

Tony Jones, Custodian

Tim Pretare, Senior Adult Recreation Specialist

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to City of Seattle. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) Online registration is also available for most classes at <http://egov1.seattle.gov/parks>.

Special Events



World of Martial Arts

\$10/person

Watch martial arts experts and masters perform their precision techniques and forms. Various martial arts styles from China, Japan, Okinawa, and Korea will be presented!

Sat, Oct 14

6 p.m. – 8 p.m.

Location: Gym



Halloween Carnival

\$1/person

Come and join the International District Chinatown Community Center for its 2nd Annual Halloween Carnival. There will be games, cookie decorating, arts and crafts, face painting, and a *ghoulishly* good time.

Fri, Oct 27

6:30 p.m. – 8 p.m.

Location: Multipurpose Room

Winter Holiday Party

\$1/person

Come on down to the International District Chinatown Community Center for some winter-time *family fun*! Activities will include arts and crafts, games, cookie decorating, storytime and more!

Sat, Dec 9

Noon – 2 p.m.

Location: Multipurpose Room



Youth & Teen Programs



Kiddie Kung-Fu

\$40

Ages 5 to 8

Learn basic blocks, strikes and kicks. This class helps develop coordination and confidence!

Location: Multi-Purpose Room

#11068 Fri 5:30 – 6:30 p.m. 9/22 – 11/17

Kiddie Kickboxing

\$40

Ages 5 to 11

Kick, punch and develop coordination and skills. Lots of drills and exercises! Participants should wear comfortable, loose clothing. Tennis (athletic/sport) shoes are a must. Master Allen Chinn has 42 years of experience in the martial arts.

#11060 Tue 4:30 – 5:15 p.m. 9/19 – 11/7

Location: Multi-Purpose Room

Youth Table Tennis

\$1 drop-in

Age: 12 & under

Learn proper form and technique – practice and more practice!

Saturdays

11 a.m. – 12:30 p.m.

Friday Arts and Crafts

\$1 drop-in

Age: 4+

Join us Fridays for arts and crafts projects. This is a drop-in program, so feel free to stop by anytime, but we ask that parents stay with their children. Max 18.

Instructor: Dung Dinh

Fridays

6:30 – 8 p.m.

Chess Club

Free

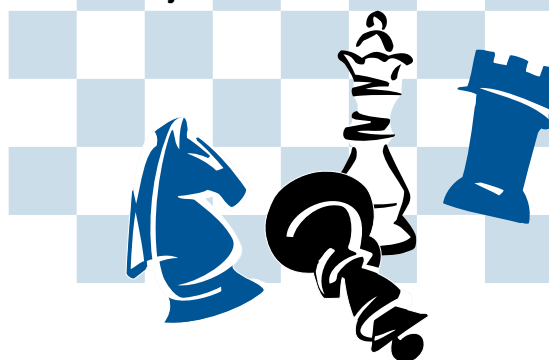
Ages 5 to 18

Come try your luck at chess. All levels are welcome. Knowledgeable players will teach the beginners. Experienced players are needed to volunteer to teach our beginners. Please contact the community center if interested.

Tue/Thu 4 – 6 p.m.

9/19 – 12/28

Location: Lobby



Women's Self-Defense Workshops

Modern Women's Self-Defense Workshop \$25/workshop

Ages 14 and older

Review of basic blocks, strikes and kicks, as well as mental attitude and awareness. This advanced workshop will cover self defense tools (such as pepper spray and expandable batons). Greater emphasis will be placed on a moving "aggressor" in a RedMan protective suit. Participants will have the opportunity to strike and kick the armored attacker, in counter offensive exercises. Please wear loose fitting clothing and tennis shoes.

Location: Gym

Workshop #1

#11100 Sat, Sep 23 2 – 4 p.m.

Workshop #2

#11101 Sat, Oct 14 2 – 4 p.m.

Advanced Modern Women's Self-Defense Workshop

\$35

Ages 14 and older

Review of basic blocks, strikes and kicks, as well as mental attitude and awareness. This advanced workshop will cover self defense tools (such as pepper spray and expandable batons). Greater emphasis will be placed on a moving "aggressor" in a RedMan protective suit. Participants will have the opportunity to strike and kick the armored attacker, in counter offensive exercises. Please wear loose fitting clothing and tennis shoes.

Location: Gym

#11098 Sat, Nov 4 2 – 4 p.m.



Youth & Teen Athletics



Girls Volleyball IDCCC

\$30

Ages 10 to 17

Volleyball is available to athletes ages 10 to 17 in three different divisions. Players learn basic skills, team work, and sportsmanship skills needed to participate in league play. Players sign up at their local community center and practice there, with games being played at central community center sites. **You must register at the community center for this program.**

Leagues are formed and play begins the week of September 19. Play concludes the week of November 14.

Tue/Thu 3:30 – 5:30 p.m. 9/5 – 11/9

Location: Gym

Registration Information

Age Group	Barcode
10 – 11	#10039
12 – 13	#10040
14 – 17	#10041

IDCCC Basketball – Citywide \$65

Ages 8 to 17

Calling all basketball players! Gather your friends together and make a team. Practices are during the week and games are on Saturdays. **You must register at the community center for this program.**

Mon – Fri 3 – 9 p.m.

11/27 – 3/30

Location: Gym

Registration Information

Age Group	Barcode	
	Boys	Girls
8	#10095	#10102
9	#10096	#10103
10 – 11	#10165	#10097
11 – 12	#10046	#10098
12 – 13	#10091	#10099
13 – 14	#10092	#10100
14 – 15	#10093	N/A
16 – 17	#10094	N/A
14 – 17	N/A	#10101



Open Gym

Open Table Tennis

\$2 drop-in*

Age: Adult

Mon/Fri 7 – 9 p.m. Fri 12:30 – 1:30 p.m.

Wed 6 – 9 p.m. Sat (beginning 9/9) 1 – 5 p.m.

Open Badminton

\$2 drop-in*

Saturdays (beginning 9/9)

10 a.m. – 1 p.m.

Open Basketball

\$2 drop-in*

The gym may be divided into two shorter courts when the volume of players is high.

Free Shoot (*Adults Only Times)

MWF* 11 a.m. – 1 p.m. M/W/F* 6 – 9 p.m.

Mon/Wed 1 – 6 p.m. Fri 1 – 6 p.m.

T/T 1 – 5 p.m. Sat (beg. 9/9) 1 – 5 p.m.

*Open Gym Information

The City of Seattle charges an Adult Sport Drop-in fee of \$2 per session for adults and \$1 per session for seniors. There is no charge for youth 17 years and younger. Please bring picture I.D. for age verification.

Adult Programs

Qi (Chi) Yoga

Ages 18 and older

A very unique class combining Hatha Yoga and Qi Gong (Chi Kung), creating a balanced and calming yoga session. This class is taught as a yoga flow, or vinyasa. However, unlike other vinyasa, or power yoga classes, the students will not feel tired, worn out, or out of breath. Although the class is not strenuous, it builds physical strength and strengthens your Qi. This class will leave you calm and relaxed, with a heightened level of energy. Qi Yoga gives you the benefits from both Yoga and Qi Gong.

Location: Multi-Purpose Room

Session 1 **\$6 drop-in**
#10042 Mon 5:15 – 6:30 p.m. 10/2 – 11/6

Session 2 **\$30/session or \$6 drop-in**
#10043 Mon 5:15 – 6:30 p.m. 11/13 – 12/18 \$30



Kickboxing – Drill Work

Ages 16 and older

Get your heart rate up with lots of drills and exercises!!! Kick, punch and develop coordination and skills!!! Participants should wear comfortable, loose clothing. Tennis (athletic, sport) shoes are a must. Master Allen Chinn has 42 years of experience in the martial arts.

Location: Multi-Purpose Room

#10035 T/Th 5:30 – 6:30 p.m. 9/19 – 9/28 \$29
#10036 T/Th 5:30 – 6:30 p.m. 10/3 – 10/26 \$58
#10037 T/Th 5:30 – 6:30 p.m. 11/2 – 11/30 \$51
#10038 T/Th 5:30 – 6:30 p.m. 12/5 – 12/21 \$44

Dodgeball Club

\$30

Ages 21 and older

New!

If you can dodge a wrench, you can dodge a ball!
 Come exercise, have fun, and be active. Come meet other adults and professionals and enjoy the great game from your childhood!

Location: Gym

#11061 Thu 5:30 – 6:30 p.m. 9/21 – 11/16

Beginners Basketball for Fun and Exercise

\$30

Ages 18 and older

Learn basketball while having fun and getting exercising!!! This class is for the true beginner. This class will focus on the basic fundamentals of basketball. You will learn basic skills like shooting, dribbling, rebounding, passing, defense, offence and other basketball related tools to help you become a competitor. We will also cover the rules and regulations in this true beginner's basketball class.

Location: Gym

#10045 Wed 5:30 – 6:30 p.m. 9/20 – 11/8

New!

Basic Adult Table Tennis Lessons

\$40

Ages 18 and older

Come learn the basic techniques of table tennis. Equipment selection of blades and rubber will be covered. Start out the correct way with proper technique and good equipment. Please bring your own equipment.

Location: Multi-Purpose Room

#11099 Fri 12:30 – 1:30 p.m. 9/22 – 11/17

IDCCC Martial Arts Association

8 Animal 8 Methods Kung-Fu

Ages 11 and older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung-Fu. Learn the effective, classical techniques from the style of Eight Animals and Eight Methods. Fluid flowing power and specialty techniques will be developed by the practitioners. The instructor is the Chief Instructor of the highly effective martial art.

Location: Multi-Purpose Room

#8994 T/Th 7 – 8:30 p.m. 9/19 – 9/28 \$28
#10032 T/Th 7 – 8:30 p.m. 10/3 – 10/26 \$58
#10033 T/Th 7 – 8:30 p.m. 11/7 – 11/30 \$44
#10034 T/Th 7 – 8:30 p.m. 12/5 – 12/28 \$58



General Information

You Can Make a Difference!

The International District/Chinatown Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held on the third Wednesday of every month at 4 p.m. to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Interested in Teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for People with Disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure at www.seattle.gov/parks/reservations/Facrentalguide.htm.

More Information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Lions Club

The International District/Chinatown Community Center is now a donation drop off site for the Lions Club. They are currently collecting spoons and eyeglasses for the needy.

Fees and Charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. Class and program fees include Washington State sales tax where applicable.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Waiting Lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class Cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

★ Check Out Our New Activities! ★

For more information about these new programs offerings, please look inside this brochure.

Friday Arts & Crafts (Age 4+) \$1 drop-in

For more information, see page 4.

Instructor: Dung Dinh

Fridays 6:30 – 8 p.m.

Kiddie Kickboxing (Ages 5 to 11) \$40

For more information, see page 4.

#11060 Tue 4:30 – 5:15 p.m. 9/19 – 11/7

Chess Club (Ages 5 to 18) Free

For more information, see page 4.

Tue/Thu 4 – 6 p.m. 9/19 – 12/28

Dodgeball Club (Age 21+) \$30

For more information, see page 6.

#11061 Thu 5:30 – 6:30 p.m. 9/21 – 11/16

Kickboxing – Drill Work (Age 16+)

For more information, see page 6.

#10035 T/Th 5:30 – 6:30 p.m. 9/19 – 9/28 \$29

#10036 T/Th 5:30 – 6:30 p.m. 10/3 – 10/26 \$58

#10037 T/Th 5:30 – 6:30 p.m. 11/2 – 11/30 \$51

#10038 T/Th 5:30 – 6:30 p.m. 12/5 – 12/21 \$44

Facility Rentals



Meeting Room Rentals

Our facility offers several spaces for business meetings, presentations, workshops, and outreach events. Tables and chairs are provided, but must be set up by the renter. The prices listed below apply to normal weekday hours of operation. **A \$250.00 damage deposit is required for all rentals.**

More Information

Please contact International District/Chinatown Community Center staff at 206-233-0042 for cost and availability.

Gym Rentals

Grab some friends and come down to play basketball in our gym! Available weekends and after hours.

International District/Chinatown
Community Center
709 8th Ave S
Seattle, WA 98104

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